



URINARY HEALTH

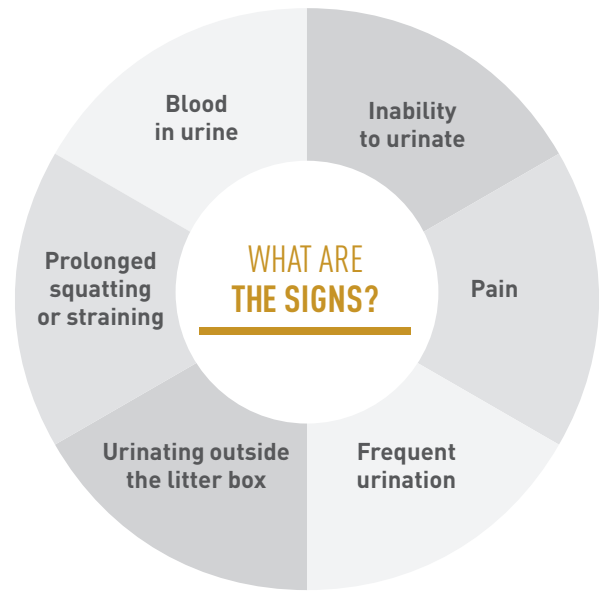


LOWER URINARY TRACT DISEASE (LUTD)

LUTD is a generic name given to a group of challenging diseases. **Symptoms and causes are variable.** For the most frequent type, the exact cause remains unknown, hence the name “idiopathic” cystitis.

MOST COMMON TYPES OF LUTD

- 1 FELINE IDIOPATHIC CYSTITIS (FIC)**
While the cause is unknown, this painful disease is often associated with stress
- 2 UROLITHIASIS**
Formation of stones in the bladder, of which there are many types, such as struvite, calcium oxalate or cystine stones
- 3 URETHRAL OBSTRUCTIONS**
Blockage in the urethra — the route of passage of urine from the bladder to outside the body — resulting in an inability to urinate



WHAT ARE THE MAIN CAUSES/RISK FACTORS?



IN BRIEF

- ▶ **FIC is the most frequent LUTD condition** and it is multifactorial, environment-induced, recurrent and painful.
- ▶ **Environmental modification** can be an effective way to decrease stress level (an important contributor to FIC) and thus help prevent and manage the disease.
- ▶ If any of the above listed symptoms are detected, it is important **to contact your veterinary team.**

ROYAL CANIN® TAILORED NUTRITION

ADDRESSING YOUR CAT'S INDIVIDUAL NEEDS

Over the past 50 years the best researchers from ROYAL CANIN®, together with specialists and veterinary practitioners from all over the world have been working hard towards a common goal: **improve urinary health of cats through nutrition.**

BENEFITS OF FEEDING YOUR CAT A ROYAL CANIN® URINARY SO FORMULA:

- ✓ Reduces the likelihood of surgery to remove stones
- ✓ Helps prevent urinary crystal and stone formation
- ✓ Helps reduce peeing outside the litter box
- ✓ Reduces pain caused by inflammation of the bladder
- ✓ Provides complete and balanced nutrition for your cat



COMPLEMENT YOUR PET'S URINARY HEALTH FORMULA WITH URINARY TREATS

URINARY HEALTH

URINARY SO
MODERATE CALORIE



URINARY SO



URINARY HEALTH AND AGING

URINARY SO
AGING 7+ + CALM



URINARY HEALTH + CALMING SUPPORT

URINARY SO + CALM
URINARY SO + SATIETY
+ CALM



URINARY HEALTH + WEIGHT LOSS

URINARY SO + SATIETY
URINARY SO + SATIETY
+ CALM



URINARY HEALTH + FOOD ALLERGIES

URINARY SO +
HYDROLYZED PROTEIN



DRY

CANNED

INCREASING WATER INTAKE IS KEY IN MAINTAINING URINARY HEALTH

HELPFUL TIPS:

- ✓ Provide fresh, clean water at all times
- ✓ Feed canned food
- ✓ Try different bowl sizes and water temperatures
- ✓ Place water in a quiet area - away from litter boxes
- ✓ Consider a special pet water fountain
- ✓ Feed smaller meals more frequently
- ✓ Feed lower calorie diets
- ✓ Add water to the food

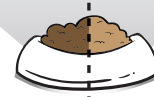


TRANSITIONING YOUR PET TO A NEW FOOD



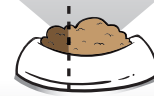
DAYS 1 + 2

75% current food
25% **new** food



DAYS 3 + 4

50% current food
50% **new** food



DAYS 5 + 6

25% current food
75% **new** food



DAY 7

100% **new** food

WE RECOMMEND AT LEAST A SEVEN-DAY TRANSITION WHEN STARTING A NEW DIET.

Cats may reject a new food if it is not introduced slowly by transitioning over a period of 7 – 10 days. To effectively transition your pet to a new formula, we suggest slowly mixing the new food in with the existing food in gradually increasing amounts.

URINARY MANAGEMENT

SHOULD NOT END AFTER
THE SIGNS DISAPPEAR



USEFUL TIPS ON HOW TO MINIMIZE RECURRENCE

LIFESTYLE

- ✓ **Visit your vet** for regular check-ups
- ✓ **Monitor the colour of urine:** your veterinary team will need to know about presence of blood, concentrated (dark) or diluted (light) coloured urine
- ✓ **Ensure fresh and clean water** is available at all times
- ✓ **Watch out for triggering external factors;** such as stress, weight gain, etc.

NUTRITION



**CONTINUE FEEDING THE DIET
RECOMMENDED BY YOUR VET**



**FEED CANNED FOOD TO INCREASE
WATER INTAKE**



Find out more about urinary management
nutrition for cats at
www.royalcanin.com