## Simple Steps to Easier Brushing





Start by gently handling the muzzle area for a few seconds on a regular basis. For best results choose "quiet times" only for handling your pet's mouth and muzzle area. End each session on a positive note.





Next, introduce a pet toothpaste.

- Introduce a small amount of toothpaste with a finger.
- Start with the canine teeth (fangs) and gradually work around the entire mouth. Be sure to include the gums as well as the teeth.





Now it's time to introduce the toothbrush – use one provided or recommended by your veterinarian.

- Wet the bristles and place a line of toothpaste on the brush pressing it firmly into the bristles with your finger.
- Hold the toothbrush like a pen and concentrate solely on the canine teeth using a gentle circular motion.





You can now start to work along the top teeth from the canines to the back of the mouth using a gentle circular motion.

- Gradually build up the amount of time and pressure applied to each tooth.
- It is not necessary to brush the inside surfaces as most of the tartar accumulation occurs on the outside surface.
- Repeat the same steps for the bottom teeth.





Your final step is brushing the front teeth.

- Gently take hold of the muzzle and lift the upper lip.
- Use an up and down motion on the front teeth.



The time and effort that you commit to this training process can make a significant improvement in your pet's dental health. This will impact the quality of life of your pet and will enhance the bond that you share with your companion animal.

Ask your veterinary team for a demonstration and/or for additional helpful hints.

